

MINUTES OF THE NEENAH COMMITTEE ON AGING

Thursday, February 15, 2024

9:00 a.m.

Hauser Committee Room, Neenah City Administration Building

Present: Chair Joshua Kutney and committee members Herb Allen, Susan Antonneau, Kristi Branchford, Pati Goodman, and Mary Nackers. **Also Present:** City of Neenah Assistant Planner Carol Kasimor, Kate Yates, ForeverWell program, Fox Cities YMCA; Lori Duclon, Winnebago County Health Department; Alisa Richetti, Winnebago County Aging and Disability Resource Center, and Jim Lauer, Neenah.

Public Appearances:

Kate Yates, Fox Cities YMCA ForeverWell program director, reported that spring program registration will be held beginning February 19, the film series continues on February 21, annual planning continues at the Y, and ForeverWell announcements will be in the next City newsletter. Lori Duclon, Winnebago County Health Department, noted that vaccines for illnesses prevalent in the winter are still available and effective. Home visits by Winnebago County Health Department nurses to City of Neenah households are available free of charge and do not have an income requirement. Fall prevention is an important part of Health Department offerings, providing referrals to prevent and address falls.

Approval of minutes of the January 18, 2024 meeting:

On a motion by Allen, seconded by Antonneau and carried, the minutes of the January 18, 2024 meeting were approved as distributed.

Update from Winnebago County Aging and Disability Resource Center on Dementia-Related Program and Supports:

Alisa Richetti, Dementia Care Specialist with Winnebago County Aging and Disability Resource Center, explained that there is a dementia care specialist in every county. Wisconsin is seen as a leader in these services. The ADRC has programs, services, as well as diagnosis services including memory screening at Menasha Senior Center. Alisa provides trainings and partners with the Fox Valley Memory Project and Valley VNA and participates in the local coalition of agencies and medical groups involved in this work.

Services and programs provided to this population in this area include memory cafes, Mindworks, which provides enrichment and respite; caregiver coaching, Spark, an art-based activity; Beaming, Inc., an equine-based program which promotes physical, cognitive and emotional well-being; and a men's caregiver support group. Online and in-person training and in-home respite is available, and the ADRC website also provides resources. The ADRC suggests that people try the activities, which provide an outlet outside of the home in an engaged, meaningful activity.

Adjournment:

On a motion by Allen, seconded by Branchford and carried, the meeting was adjourned at 10:00 a.m.

Respectfully submitted,



Carol Kasimor, Assistant Planner