

MINUTES OF THE NEENAH COMMITTEE ON AGING

Thursday, April 18, 2024

9:00 a.m.

Hauser Committee Room, Neenah City Administration Building

Present: Chair Joshua Kutney, Vice Chair Mike Veith and committee members Herb Allen, Susan Antonneau, Kristi Branchford, Pati Goodman, and Mary Nackers. **Also Present:** City of Neenah Assistant Planner Carol Kasimor; Lori Duclon, Winnebago County Health Department; and Kate Yates, ForeverWell program, Fox Cities YMCA.

Public Appearances:

Kate Yates, Fox Cities YMCA ForeverWell program director, reported on travel opportunities residents will have with the Y and upcoming classes. Lori Duclon reported that Joanne Murphy Spice, who manages the Winnebago County Health Department wellness classes, will be retiring. Lori also discussed upcoming classes and current levels of contagious disease.

Approval of minutes of the March 21, 2024 meeting:

On a motion by Branchford, seconded by Veith and carried, the minutes of the March 21, 2024 meeting were approved as distributed.

Discussion of 2024 School for Seniors:

Committee members began planning for the 2024 School for Seniors in September.

The following topics were discussed for presentation at the event:

- Fall prevention (Week of September 23 - 27 is focused on fall prevention). Ageless Grace presenter may be a possibility.
- Motivational topic with audience participation.
- Dementia resources (ADRC, Fox Valley Memory Project).
- Crime prevention officer (scams, other topics of interest).

Information tables will be offered again. Information about programs and other opportunities provided by the Neenah-Menasha YMCA will be provided.

Adjournment:

On a motion by Allen, seconded by Nackers and carried, the meeting was adjourned at 10:00 a.m.

Respectfully submitted,



Carol Kasimor, Assistant Planner