

MINUTES OF THE NEENAH COMMITTEE ON AGING

Thursday, February 20, 2025

9:00 a.m.

**Third Floor Conference Room, Neenah City Administration Building
and
Microsoft Teams**

Present: Chair Joshua Kutney, Vice-Chair Mike Veith, and committee members Susan Antonneau, Kristi Branchford, and Pati Goodman. **Also Present:** Lori Duclon, Winnebago County Health Department; Kate Yates, YMCA of the Fox Cities ForeverWell Program Director; City of Neenah Assistant Planner Carol Kasimor; Marcy Griffen, Neenah, and Jim Lauer, Neenah.

Vice-Chair Mike Veith called the meeting to order.

Public Appearances:

Lori Duclon reported that levels of flu are high in the area while RSV and Covid-19 are lower. Flu vaccines are still available and those over age 65 receive a higher dose. Vaccines usually wane somewhat in effectiveness about 4 months after receiving them. A Covid-19 booster is recommended for persons aged 65 and over. February is American Heart Month when heart health is promoted. Cardiac disease and events often present differently in women. Announcements will be made when the next Stepping On programs in the area will be held, which emphasizes increase in balance.

Kate Yates reported that the YMCA of the Fox Cities promotes better balance through its classes. Many activities for ForeverWell participants are available currently, including Bingocize, the film series, book club, faith groups, coffee clubs, programs addressing chronic illness, and day and extended travel trips.

Jim Lauer reported that the Winnebago County Aging and Disability Resource Center Board meeting will not be held in Neenah until May 12.

Approval of minutes of January 16, 2025 meeting:

MSC Branchford, Antonneau, the minutes of the January 16, 2025 meeting were approved as distributed.

Discuss committee purpose and future direction:

Committee members continued to review the draft of bylaws for the committee. Committee members also discussed questions for discussion with the Mayor.

Announcements and future agenda items:

Meet with the Mayor regarding the mission of the committee.
Continued discussion about the Committee's purpose, history and future direction.

Adjournment:

MSC Branchford, Antonneau, the meeting was adjourned at 10:05 a.m.

Respectfully submitted,



Carol Kasimor, Assistant Planner