

AGENDA
NEENAH COMMITTEE ON AGING
Thursday, March 21, 2024
9:00 a.m.
Hauser Committee Room
City Administration Building
211 Walnut Street, Neenah
and Microsoft Teams

This meeting will occur in-person and a virtual location accessed by computer or conference call. Committee members and the public may use the following web link/call-in information:

[Click here to join the meeting](#)

Meeting ID: 279 392 555 307

Passcode: 5xqr8T

1. Public Appearances (Ten minutes divided among those wishing to speak on topics pertinent to the Committee on Aging.)
2. Approve minutes of the February 15, 2024 meeting.
3. Discuss 2024 School for Seniors
4. Announcements and future agenda items.

In accordance with the requirements of Title II of the Americans with Disabilities Act (ADA), the City of Neenah will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities. If you need assistance, or reasonable accommodation in participating in this meeting or event due to a disability as defined under the ADA, please call the Community Development Department at 920-886-6125 or the **City's ADA Coordinator at (920) 886-6106** or

e-mail attorney@ci.Neenah.wi.us at least 48 hours prior to the scheduled meeting or event to request an accommodation.

MINUTES OF THE NEENAH COMMITTEE ON AGING

Thursday, February 15, 2024

9:00 a.m.

Hauser Committee Room, Neenah City Administration Building

Present: Chair Joshua Kutney and committee members Herb Allen, Susan Antonneau, Kristi Branchford, Pati Goodman, and Mary Nackers. **Also Present:** City of Neenah Assistant Planner Carol Kasimor, Kate Yates, ForeverWell program, Fox Cities YMCA; Lori Duclon, Winnebago County Health Department; Alisa Richetti, Winnebago County Aging and Disability Resource Center, and Jim Lauer, Neenah.

Public Appearances:

Kate Yates, Fox Cities YMCA ForeverWell program director, reported that spring program registration will be held beginning February 19, the film series continues on February 21, annual planning continues at the Y, and ForeverWell announcements will be in the next City newsletter. Lori Duclon, Winnebago County Health Department, noted that vaccines for illnesses prevalent in the winter are still available and effective. Home visits by Winnebago County Health Department nurses to City of Neenah households are available free of charge and do not have an income requirement. Fall prevention is an important part of Health Department offerings, providing referrals to prevent and address falls.

Approval of minutes of the January 18, 2024 meeting:

On a motion by Allen, seconded by Antonneau and carried, the minutes of the January 18, 2024 meeting were approved as distributed.

Update from Winnebago County Aging and Disability Resource Center on Dementia-Related Program and Supports:

Alisa Richetti, Dementia Care Specialist with Winnebago County Aging and Disability Resource Center, explained that there is a dementia care specialist in every county. Wisconsin is seen as a leader in these services. The ADRC has programs, services, as well as diagnosis services including memory screening at Menasha Senior Center. Alisa provides trainings and partners with the Fox Valley Memory Project and Valley VNA and participates in the local coalition of agencies and medical groups involved in this work.

Services and programs provided to this population in this area include memory cafes, Mindworks, which provides enrichment and respite; caregiver coaching, Spark, an art-based activity; Beaming, Inc., an equine-based program which promotes physical, cognitive and emotional well-being; and a men's caregiver support group. Online and in-person training and in-home respite is available, and the ADRC website also provides resources. The ADRC suggests that people try the activities, which provide an outlet outside of the home in an engaged, meaningful activity.

Adjournment:

On a motion by Allen, seconded by Branchford and carried, the meeting was adjourned at 10:00 a.m.

Respectfully submitted,



Carol Kasimor, Assistant Planner