# AGENDA NEENAH COMMITTEE ON AGING Thursday, May 16, 2024 9:00 a.m.

Hauser Committee Room
City Administration Building
211 Walnut Street, Neenah
and Microsoft Teams

This meeting will occur in-person and a virtual location accessed by computer or conference call. Committee members and the public may use the following web link/call-in information:

# Join the meeting now

Meeting ID: 248 044 038 28 Passcode: FSAcVW

- Public Appearances (Ten minutes divided among those wishing to speak on topics pertinent to the Committee on Aging.)
- 2. Approve minutes of the April 18, 2024 meeting.
- 3. Discuss 2024 School for Seniors.
- 4. Announcements and future agenda items.

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**e-mail** <u>attorney@ci.Neenah.wi.us</u> at least 48 hours prior to the scheduled meeting or event to request an accommodation.

### MINUTES OF THE NEENAH COMMITTEE ON AGING Thursday, April 18, 2024 9:00 a.m.

### Hauser Committee Room, Neenah City Administration Building

<u>Present:</u> Chair Joshua Kutney, Vice Chair Mike Veith and committee members Herb Allen, Susan Antonneau, Kristi Branchford, Pati Goodman, and Mary Nackers. <u>Also Present:</u> City of Neenah Assistant Planner Carol Kasimor; Lori Duclon, Winnebago County Health Department; and Kate Yates, ForeverWell program, Fox Cities YMCA.

### Public Appearances:

Kate Yates, Fox Cities YMCA ForeverWell program director, reported on travel opportunities residents will have with the Y and upcoming classes. Lori Duclon reported that Joanne Murphy Spice, who manages the Winnebago County Health Department wellness classes, will be retiring. Lori also discussed upcoming classes and current levels of contagious disease.

## Approval of minutes of the March 21, 2024 meeting:

On a motion by Branchford, seconded by Veith and carried, the minutes of the March 21, 2024 meeting were approved as distributed.

### Discussion of 2024 School for Seniors:

Committee members began planning for the 2024 School for Seniors in September.

The following topics were discussed for presentation at the event:

- Fall prevention (Week of September 23 27 is focused on fall prevention). Ageless Grace presenter may be a possibility.
- Motivational topic with audience participation.
- Dementia resources (ADRC, Fox Valley Memory Project).
- Crime prevention officer (scams, other topics of interest).

Information tables will be offered again. Information about programs and other opportunities provided by the Neenah-Menasha YMCA will be provided.

### Adjournment:

On a motion by Allen, seconded by Nackers and carried, the meeting was adjourned at 10:00 a.m.

Respectfully submitted,

Carol Kasimor, Assistant Planner

Carol Kasima