

AGENDA
NEENAH COMMITTEE ON AGING
Thursday, April 18, 2024
9:00 a.m.
Hauser Committee Room
City Administration Building
211 Walnut Street, Neenah
and Microsoft Teams

This meeting will occur in-person and a virtual location accessed by computer or conference call. Committee members and the public may use the following web link/call-in information:

[Join the meeting now](#)

Meeting ID: 215 716 802 140

Passcode: ArmVY7

1. Public Appearances (Ten minutes divided among those wishing to speak on topics pertinent to the Committee on Aging.)
2. Approve minutes of the March 21, 2024 meeting.
3. Discuss 2024 School for Seniors
4. Announcements and future agenda items.

In accordance with the requirements of Title II of the Americans with Disabilities Act (ADA), the City of Neenah will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities. If you need assistance, or reasonable accommodation in participating in this meeting or event due to a disability as defined under the ADA, please call the Community Development Department at 920-886-6125 or the **City's ADA Coordinator at (920) 886-6106 or**

e-mail attorney@ci.Neenah.wi.us at least 48 hours prior to the scheduled meeting or event to request an accommodation.

MINUTES OF THE NEENAH COMMITTEE ON AGING

Thursday, March 21, 2024

9:00 a.m.

Hauser Committee Room, Neenah City Administration Building

Present: Vice-Chair Mike Veith and committee members Herb Allen, Susan Antonneau, Kristi Branchford, and Pati Goodman. (Four members were present in the Hauser Room and one member was present via Teams.) **Also Present:** City of Neenah Assistant Planner Carol Kasimor; Kate Yates, ForeverWell program, Fox Cities YMCA; and Jim Lauer, Neenah.

Public Appearances:

Kate Yates, Fox Cities YMCA ForeverWell program director, reported on travel opportunities residents will have with the Y later this year and into 2025. There will also be an evidence-based Brain and Body Fitness class offered beginning in fall 2024.

Approval of minutes of the February 15, 2024 meeting:

On a motion by Allen, seconded by Branchford and carried, the minutes of the February 15, 2024 meeting were approved as distributed.

Discussion of 2024 School for Seniors:

Committee members began planning for the 2024 School for Seniors. Inquiries will be made for the availability of St. Mark's Lutheran Church in Neenah for Friday, September 27. A Day in the Park will be held September 10 and the Senior Expo will be held September 18.

The following topics were discussed for presentation at the event:

- Fall prevention (Week of September 23 - 27 is focused on fall prevention)
- Motivational topic with audience participation
- Dementia resources (ADRC, Fox Valley Memory Project)
- Crime prevention officer (scams, other topics of interest)

Information tables will be offered again. Information about programs and other opportunities provided by the Neenah-Menasha YMCA will be provided.

Adjournment:

On a motion by Branchford, seconded by Allen and carried, the meeting was adjourned at 10:00 a.m.

Respectfully submitted,



Carol Kasimor, Assistant Planner