AGENDA NEENAH COMMITTEE ON AGING Wednesday, April 17, 2019 9:00 a.m.

Lakeland University Fox Cities Center 2320 Industrial Drive, Neenah

- 1. Public Appearances. (Ten minutes divided among those wishing to speak on topics pertinent to the Committee on Aging.)
- 2. Approve minutes of the December 20, 2018, February 21, 2019 and March 21, 2019 meetings.
- 3. Discussion of 2019 School for Seniors (Friday, May 17, 2019 at Lakeland University Fox Cities Center.)
- 4. Announcements and future agenda items.

Neenah City Hall is accessible to the physically disadvantaged. If special accommodations are needed please contact the Department of Community Development Office at 886-6125 at least 24 hours in advance of the meeting.

MINUTES OF THE NEENAH COMMITTEE ON AGING Thursday, December 20, 2018 9:00 a.m.

<u>Present:</u> Chair Pat Lowney and committee members Susan Antonneau, Scott Boelter Joshua Kutney, Kevin Myska, and Bob Suess. <u>Excused:</u> Sandy Miller. <u>Also Present:</u> Alderman Marge Bates, Assistant Planner Carol Kasimor, YMCA Active Older Adult Coordinator Cheryl Richard, and Winnebago County Health Department Nurse Lori Duclon.

Public Appearances:

Alderman Marge Bates reported that signage at intersections is being reviewed.

Lori Duclon, Winnebago County Health Department, noted classes that will be held in the next few months, including falls prevention, healthy living with diabetes or pre-diabetes, walking with ease, and support for caregivers.

Approve minutes of the November 15, 2018 meeting:

MSC Kutney, Boelter, the minutes of the November 15, 2018 meeting were approved as distributed.

<u>Discussion of Y Active Older Adult and Menasha Senior Center programs:</u>

Cheryl Richard reviewed the programs and classes offered at the Neenah-Menasha Y through the Senior Program Pass, Y Senior membership, and insurance-based memberships. Seniors can take part in special activities as well as movement classes.

Committee members discussed the various options that are offered at the Y as well as the Menasha Senior Center, and how seniors can be informed about them. Programs in other communities of Neenah's size will also be reviewed.

Discussion of 2019 School for Seniors:

Joshua Kutney reviewed topics that have been presented at previous School for Senior events. He suggested that the committee explore additional topics for School for Seniors that might not otherwise be available at other events.

Possible topics: today's music; the psychology of scams; our data and what is being done with it; the future of newspapers.

Announcements and future agenda items:

Planning for School for Seniors

<u>Adjournment:</u> MSC Antonneau, Myska, the meeting was adjourned at 9:55 a.m.

Respectfully submitted,

Carol Kasimor, Assistant Planner

Carol Kasima

MINUTES OF THE NEENAH COMMITTEE ON AGING Thursday, February 21, 2019 9:00 a.m.

<u>Present:</u> Chair Pat Lowney and committee members Susan Antonneau, Joshua Kutney, and Bob Suess. <u>Excused:</u> Scott Boelter, Sandy Miller, and Kevin Myska. <u>Also Present:</u> Mayor Dean Kaufert, Alderman Marge Bates, and Assistant Planner Carol Kasimor.

Public Appearances:

Alderman Marge Bates reported on recent Common Council action.

Approval of minutes of January 17, 2019 meeting:

MSC Antonneau, Suess, the minutes of the January 17, 2019 meeting were approved as distributed.

Discussion of 2019 School for Seniors:

Committee member Joshua Kutney reported on topics for the 2019 event. Because of the great interest in protecting against scams, the Better Business Bureau will present on this topic. In addition, Lakeland University faculty members will present on speaking with confidence, and music genres over time. Discussion will continue at the next meeting regarding the information fair.

Announcements and future agenda items:

Planning for School for Seniors

Adjournment: MSC Antonneau, Kutney, the meeting was adjourned at 9:55 a.m.

Respectfully submitted,

Carol Kasimor, Assistant Planner

Carol Kasima

MINUTES OF THE NEENAH COMMITTEE ON AGING Thursday, March 21, 2019 9:00 a.m.

<u>Present:</u> Chair Pat Lowney and committee members Joshua Kutney and Kevin Myska. <u>Excused:</u> Susan Antonneau, Scott Boelter, Sandy Miller, and Bob Suess. <u>Also Present:</u> Alderman Marge Bates, Assistant Planner Carol Kasimor, and Joanne Murphy Spice, Winnebago County Health Department.

A quorum was not present; no action was taken.

Public Appearances:

Joanne Murphy Spice described upcoming evidence-based classes, including falls prevention, chronic conditions, and support for caregivers. More information can be obtained at 920-232-3000 and www.winnebagopublichealth.org.

Alderman Marge Bates mentioned the discussions being had about the impact of winter weather on City streets.

Discussion of 2019 School for Seniors:

Committee members discussed class descriptions for the upcoming School for Seniors.

Announcements and future agenda items:

Planning for School for Seniors.

Adjournment: The meeting was adjourned at 9:55 a.m.

Respectfully submitted,

Carol Kasimor, Assistant Planner

Carol Kasimo